

# FOOD & DRINK REQUIREMENTS

## 'Reduced Band' - 6 or 7 piece

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### FOOD

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A substantial and wholesome hot meal must be provided for all musicians, DJ and engineer(s). Sandwiches and/or cold buffets are not acceptable as it will be the only opportunity the band have to eat a proper meal (many will have left home early / mid-afternoon) and it is not feasible for the band to bring / prepare their own food onsite. We exclude additional costs for food in our pricing as it is more often than not much more convenient for venues / caterers to provide a meal than it is for the band to go offsite to a pub or restaurant (although this is an option in certain circumstances – see below).

The meal must be served after the band have completed their setup and before the band commence their performance – ideally around 7pm (and must not be later than 8pm). We will need a table (or tables) with enough chairs indoors for the whole band to eat.

In no way are we expecting to be treated as guests or to be feasting on michelin star cuisine, but it is just very important that the musicians are provided with something substantial - it's more-or-less impossible to put on a high energy show on empty stomachs.

We will send our dietary requirements five weeks prior to the event.

There are four options for the band meal:

#### ***Option 1) Same food as guests***

If the band are being served the same food as guests and guests are being served a 3 course meal – we require at least 2 of the courses rather than just the main. It's worth checking with caterers the timings for service as in some cases they would need to serve the band before guests (some caterers will not operate this way unless expressly specified by their client and we have had experience in the past of being severely delayed eating as a result of this, which has then delayed the performance start time).

We will require written confirmation from your caterers (via email with yourselves CC'd in) six weeks in advance of the event of what the band's meal will consist of and the time it will be served. This is to avoid any issues on the day.

#### ***Option 2) Bar / Restaurant menu onsite***

If we are to order from a bar menu or similar (the cost must be covered), please forward over a copy of the menu at least 2 months in advance (via email).

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### ***Option 3) Separate meal provided by caterers***

Provided we have a room for the sole use of the band with a large table and enough chairs – the band don't necessarily need to be waited on by catering staff. If a large dish has been prepared, they can serve themselves (provided necessary serving spoons etc are supplied).

We require a balanced and wholesome meal – pizza and chips etc or other unhealthy / junk food options are not suitable. Something along the lines of:

- Lasagne (*at least 500g serving per person*) with salad and garlic bread
- Casserole (*at least 500g serving per person*) with rice / potatoes and veg
- Meat or fish with roast potatoes, vegetables and sauce
- Hot pot (*at least 500g serving per person*) with mash potato and veg
- Pie (*at least 500g serving per person*) and mash with veg

We will require written confirmation from your caterers (via email with yourselves CC'd in) six weeks in advance of the event of what the band's meal will consist of and the time it will be served. This is to avoid any issues on the day.

### ***Option 4) Band to go offsite to eat***

In certain circumstances, the band can go offsite to a local pub / restaurant to eat provided the cost is covered (usually £15-20 per person to cover a main meal and drink). We usually suggest providing cash on the day or setting up a tab with the establishment (as we would need to charge vat if we handle the payment).

The minimum time between the band finishing their setup / sound-check and beginning their performance would need to be increased to 2 hours in this scenario.

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### **DRINK**

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#### ***Water***

**At least 1 x 24 pack of 500ml bottled water** must be provided under all circumstances. We cannot have glasses of water on stage due to the risk of spillage near delicate equipment.

#### ***Soft Drinks***

We require a free supply of soft drinks for the duration of our time onsite. If the green room is very close to where the band are performing then we are happy to obtain drinks from the bar if there is a tab set up (please agree in advance).

If the band are to spend extended time relaxing in the green room prior to the performance, then we ask that the following be provided:

- 1 x 1L cartons of orange juice**
- 1 x 1L cartons of apple juice**
- 1 x 8 can pack of coca cola (real stuff if possible rather than supermarket brand)**
- 1 x 8 can pack of diet coke (real stuff if possible rather than supermarket brand)**
- 1 x 8 can pack of lemonade (schweppes/sprite/7up if possible)**

*(Alternatively if providing large bottles of coke/lemonade with glasses*

- 1 x 2L bottle of coca cola***
- 1 x 2L bottle of diet coke***
- 1 x 2L bottle of lemonade)***

Please ensure that the above drinks are refrigerated. If this is not possible, then we will require buckets of ice cubes.

#### ***Alcoholic Beverages (Optional)***

Although a beer or a glass of wine with dinner is always appreciated, it is not a requirement to provide any alcohol for the band so this is entirely at your discretion.

If you wish to provide anything for the green room, we would suggest:

- 1 x 12 pack 33cl bottles of premium lager (e.g Peroni, Corona, Estrella or similar)**
- 1 x bottle red wine**
- 1 x bottle white wine**